

FINDING A CHAPLAIN

Chaplains are assigned at the Battalion level and above.

For additional assistance requesting chaplain support please contact the Chaplain's Office at your Readiness Division, or the Chaplain Directorate at USARC.

usarmy.usarc.usarc-hq.mbx.cmd-ch-directorate@army.mil

We can assist in connecting you to a Chaplain.

Religious Support Capabilities

Provide Religious Support
Advise the Commander

Religious Support Competencies

Nurture the Living
Care for the Wounded
Honor the Dead

UNIT MINISTRY TEAM

UNIT CHAPLAIN: _____

EMAIL: _____

RELIGIOUS AFFAIRS SPECIALIST:

EMAIL: _____



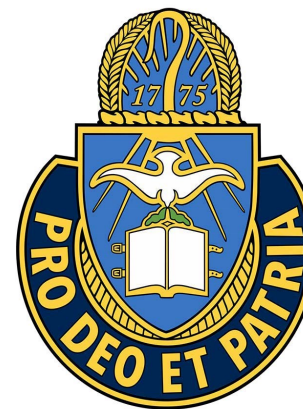
US ARMY RESERVE
OFFICE OF THE COMMAND CHAPLAIN

4710 Knox Street
Fort Bragg, NC 283010
Phone: 910-570-8200

usarmy.usarc.usarc-hq.mbx.cmd-ch-directorate@army.mil

US ARMY RESERVE

Your Unit Ministry Team (UMT)



**Pastoral Support For Those
Who Have Experienced
Sexual Assault
Sexual Harassment**

*The Chaplain Corps:
Caring for the Soul of the Army*

Spiritual Impact

Full Confidentiality

SPIRIT Protocol



Experiencing Sexual Assault or Sexual Harassment can prompt questions of a spiritual, philosophical and religious nature.

- Why did this happen to me?
- Where was God when I was raped?
- Am I being punished for something I did?
- Am I a bad person? Did I bring this on myself?
- Will I ever feel better? What will life be like?
- Am I supposed to forgive my attacker?
- I am so angry at God, is that OK?

Chaplains help Soldiers explore these critical questions enabling holistic and integrated healing from the experiences of sexual assault and other forms of trauma.



Chaplains provide 100% Confidential Communications, if such communication is made either as a formal act of religion or as a matter of conscience.

This confidentiality builds a safe space for people who have experienced sexual assault to seek help, and find support and hope. Regardless of a person's religious (or non-religious) background, Army Chaplains serve all Soldiers. Soldiers can contact any Chaplain for spiritual support, and referrals to additional services if desired.



“Chaplains respect confidentiality in their provision of pastoral care and counseling. Chaplains respect, honor, and **guard the trust of those they serve** in ministry as officers in the Army Profession, so that an individual's trust and personal privacy are not violated.” AR 165-1, 16-1



What you can expect from a Chaplain if you seek support for an experience of Sexual Assault or Sexual Harassment:

S Supportive Environment

P Pacing Conversation. The Soldier sets the pace for sharing in counseling.

I Information Sharing. The Chaplain can provide both military and community resources if desired.

R Restore to Life. Chaplain supports in the Soldier's healing journey.

I Integrating the Experience. Chaplains support the Soldier through seeking clarity and acceptance.

T Think Theologically. Chaplains help the Soldier explore larger questions prompted by their experience.