



**DEPARTMENT OF THE ARMY
HEADQUARTERS 335TH SIGNAL COMMAND (THEATER)
2323 DAUPHINE STREET
EAST POINT, GA 30344**

AFRC-SGA-CH

23 November 2021

MEMORANDUM FOR RECORD

SUBJECT: 335th Signal Command (Theater) Command Chaplain Strong Bonds Curriculum Approval

1. The curriculum proposed for the 8 JAN 2022 Strong Bonds Alpha Event at Fort Gordon, Georgia, facilitated by Chaplain (CPT) Bellamy, LaCretia, is entitled "Self-Care."
2. The proposed curriculum has no cost associated. Chaplain Bellamy developed the curriculum and adapted the curriculum from a presentation she prepared for her civilian health-care chaplain ministry. The curriculum is chaplain-led and includes elements pertaining to spiritual readiness for Soldiers.
3. I approve the utilization of this curriculum.
4. Point of contact is CH (MAJ) Matthew J. Sanders at 910-771-9152 or matthew.j.sanders23.mil@mail.mil

**ROBERT P. LEWIS
CH (LTC), USAR
Command Chaplain**