# Family Building: Assembly Required

# **Stone Soup**

Family Rituals and Traditions of Generosity



#### **Welcome Families!**



- Plan for the Evening
  - Family Share Time
  - Children's Story
  - Making Stone Soup
  - Rituals and Traditions of Generosity
  - A Bit of Stone Soup for Everyone!
  - Closing Devotion

## **Family Share Time**

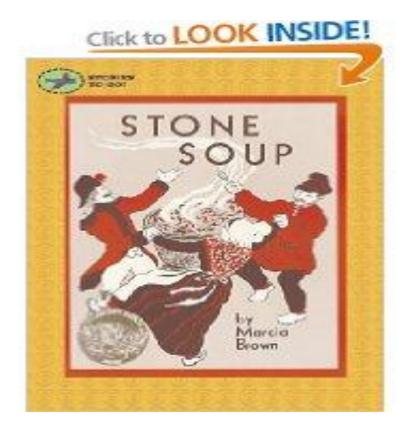


- Materials
  - crayons in your grab bag
  - big rock
  - butcher paper on your table
- Activity
  - Each member of the family picks a spot on the butcher paper.
    Using the big rock and a crayon, draw an outline of each
    person's face. With crayons, add eyes, nose, mouth, hair, etc., to
    make a self portrait.
- I Invite You to Share
  - After all of the portraits are drawn, take turns inviting each other
    to tell about something that was shared with someone else today.
    It could be a some THING that was shared or some TIME that
    was shared with someone else.

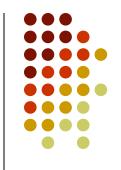
# **Stone Soup**

- by Marcia Brown





## **Making Stone Soup**



- Clean Hands! If you can see dirt, please go to the bathroom and wash. If you can't see dirt, use an antiseptic wipe from your grab bag to clean thoroughly.
- Send a family representative to the buffet table to select 1 veggie per family member, 1 bunch of spaghetti, chopping plates, and plastic knives.
- At your table, chop your veggies, break your pasta into 1 inch pieces, and pile it all onto one plate.
- Send a family representative with your plate to the kitchen where your veggies and pasta will be added to the Stone Soup.

# Why have family rituals and traditions?



- Traditions:
  - are anything the family does more than once.
  - include stories, rituals, special foods, and actions that are repeated.
  - express the family's values and/or priorities
  - become another method by which the family passes on faith.

Children, do as I do. Do as we do together!

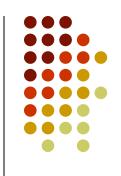
#### Teaching the Values of

#### **Generosity & Kindness**



- Cultivating an Attitude of Gratitude
  - Generosity comes from a sense of abundance
    - Thanksgiving rituals p. 42
  - Kindness comes from an assurance of care
    - Mother's, Father's & Kid's Day p. 36, 37 & 81
    - Birthday's p. 60
- Practicing on Each Other at Home
  - Taking Turns
    - Conversation rituals p. 88
  - Helping Out
    - Chore rituals p. 96
  - Cheering Up
    - Family Happiness Party p. 81

# Practicing Generosity and Kindness Out in the World



- Parental example puts flesh on parents' words and power behind their principles. If children see their parents acting upon their faith, sacrificing their time and sharing their talents and money, they will probably recognize the importance of that faith.
  - Family Faith & Fun by Gary J. Boelhower

### **Getting Started**

- Purpose, Purpose, Purpose
- Keep It Simple, Smarty
- Focus on Fun
- Announce Plans in Advance
  - The New Book of Family Traditions p. 19

# A Bit of Stone Soup for Everyone!



- Share in Prayer
- Choose and Send a

#### **Family Food Finder**

to the Buffet Table

- Make, Eat, Enjoy
  - Menu: Stone Soup, Cheese & Crackers, Fruity Chocolate Fondue
- Choose and Send a

#### Clean Up Captain

to put trash and garbage in the can.





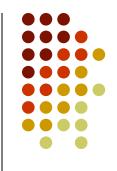
 God is great and God is Good, And we thank God for our food; By God's hand we all are fed, Give us Lord, our daily bread. Amen.

# Family Food Finder



- Go to the buffet table.
  - Bring an adult with you if you are under 8.
- Pick up a tray, plates, cups, napkins & utensils.
- Choose as many packets of crackers, cheese, fruit, and chocolate as your family will enjoy.
- Return with your filled tray to your family's table.
- While you are dividing and sharing your food, servers will come to your table with bowls of soup and then pitchers of water and milk.

## **Evening Prayer**



- One member of the family hands out a small rock to each family member and then places a big rock in the center of the table.
- Opening Sentences
  - Leader: God is our rock and our redeemer.
  - Family: An ever present help in times of trouble.
- Song: Day is Done
  - Day is done, but love unfailing dwells ever here;
  - Shadows fall, but hope prevailing, calms every fear.
  - God, our Maker, none forsaking, take our hearts of Love's own making,
  - Watch our sleeping, guard our waking, be ever near.
- Closing Sentences
  - Leader: God is a rock, always supporting our family.
  - Family: (One by one, each person places their small rock on top of the big rock and says...) God rocks!
  - Leader: Amen.