

Prayers Are Lifted

In some Christian traditions, incense is used to symbolize the lifting of prayers to heaven. This Advent season, a simple spice potpourri can be used to also lift your Advent prayers and hopes to heaven.

Simply pick and choose ingredients below and simmer on the stove (add water) or in a crock pot (add water). The smells will remind you of this most special of Christian celebrations we prepare for- Christmas.

Lemons (wedged)	Whole Bay Leaves	Cranberries
Oranges (wedged)	Sprigs of Pine	
Whole Cloves	Apples (wedged)	
All spice (1-2 tablespoons)	Cinnamon Sticks	

Wassail- traditional mulled, hot cider drink

Ingredients

2 quarts apple cider	2 cups orange juice
$\frac{1}{2}$ cup lemon juice	12 whole cloves
4 cinnamon sticks	1 pinch ground ginger
1 pinch ground nutmeg	

Directions

In a slow-cooker or a large pot over low heat, combine apple cider, orange juice and lemon juice. Season with cloves, ginger and nutmeg. Bring to a simmer. If using a slow cooker, allow to simmer all day. Serve hot.