

21st TSC Spouses' Team Building

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Welcome!

Have some snacks & join a table.

1 – How is your life like a fish bowl?

This fish ball?

2 – How many places have you lived?

Mark 1 shell on the map for each place.

Live is defined as staying at one house for 3 months or more.

3 – Assemble Taylor the TCK.

What is an example of each characteristic?

4 – Where are you on the Transitions Model?

Make a RAFT using sticks.

(Reconcile, Affirm, Farewell, Think About Future)

5 – How many eggs can suspend from Tinker Toys?

This process like the support that you give/receive?

Other Soldiers/Spouses?

Agenda

- Introductions
- Transitions Model
- Military and Other Fishbowl Populations
 - TCK
 - BRAT
- Social Scaffolding
- How can you BE a team together?

Strengthening Resilience in Soldiers & Families

The Transitions Model

The model is copyrighted by Dr. David Pollock and is used with permission. Added notes on Transitions & Deployment are copyrighted by Dr. Becky Powell

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TRANSITION MODEL	Involvement	Leaving	Transition	Entering	Re-Engagement
Social Status	<u>Belonging</u> Part of “in” group Reputation Position Known Friends – confide, listen	<u>Separating</u> Closure Recognition / Attention Farewells / Celebration Withdrawal / Exclusion	<u>Unknown</u> Statusless Structureless Clueless Special knowledge without use	<u>Marginal</u> Superficiality Tentative Acceptance Uncertain of placement and use Misinterpret behavior / signals Temporary relationships Searching “mentors”	<u>Belonging</u> Part of “in” group Reputation Position Known Friends – confide, listen
Social Posture	<u>Commitment</u> Responsive Responsible Friend	<u>Disengaging</u> Relinquish Roles Distance Criticism Loosen ties / conflict New relationships Closure *RAFT	<u>Chaos</u> Exaggerated problems Misunderstanding / Ambiguity Self Centered Isolation Must initiate relationships	<u>Introducing</u> Marginal Observing Risk Taking Errors in response Exaggerated behavior Searching for “mentor” Trust issues	<u>Commitment</u> Responsive Responsible Friend
Psychological Experience	<u>Intimacy</u> Affirmed Secure Safe	<u>Denial</u> Rejection Resentment Grief / Sadness Expectations	<u>Anxiety</u> Loss of self esteem Loss of continuity with past (sacred objects) in present (schedule, job description, duties, care) Grief Disappointment	<u>Vulnerable</u> Easily offended Fearful Ambivalent Psychosomatic problems Depression	<u>Intimacy</u> Affirmed Secure Safe
Time	Present	Future/ Temporary	Future	Temporary / Present	Present

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YOU are NOT alone!

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TCK

- TCK Umbrella Diagram
 - copyright Becky Powell
 - Photo credit – office.com
 - Populations
 - BRATs
 - MKs
 - Diplomat
 - Corporate
 - Other highly mobile
 - PK
 - Academics
 - Habitual Movers



BRAT

- History
- Acronym
- Sociology
- Organizations & Resources
 - Mary Wertsch – MILITARY BRATS
 - Donna Musil – BRATS OUR JOURNEY HOME
 - Military Child Education Coalition

TCK

- History
- Acronym
- Organizations & Resources
 - David Pollock & Ruth vanReken THIRD CULTURE KIDS
 - Families in Global Transition
 - FIGT Research Network
 - Interaction International Inc. – AMONG WORLDS
 - European Council of International Schools
 - SIETAR
 - State Department – Kay Branaman Eakin - ACCORDING TO MY PASSPORT, I'M COMING HOME

TCK

– 1 + 1 = 3

- Home Culture
- Host Culture
- Synthesis of 2 is not a sum or separate but synthesis

TCK

- TCK Definition – copyright David Pollock
 - “A third culture kid is an individual who, having spent a significant part of their developmental years in a culture other than their parents’ home culture, develops a sense of relationship to all of the cultures, while not having full ownership in any. Elements from each culture are incorporated into the life experience, but the sense of belonging is in relationship to others of similar experience.”

TCK

- TCA – copyright Paulette Bethel
 - Third Culture Adult
 - monocultural childhood
 - Cross-cultural adulthood
 - Proponent of Hidden Diversity
 - <http://hidden-diversity.blogspot.com/>

Look like	Think like	Look like	Think different
Look different	Think like	Look different	Think different

TCK

- Taylor the TCK – copyright Becky Powell
 - TCK Characteristics – copyright David Pollock
 - Taylor the TCK - activity
 - Right Foot - Mobility
 - Left Foot –Cultural Balance
 - Right Hand – Cross-Cultural Skills
 - Left Hand – Linguistics
 - Pants – World View
 - Shirt – Development
 - Face – Relationships
 - Picture –Leave Taking

BRATs Lectures 2012



- 22-28 April 2012
 - USAG Stuttgart & USAG Kaiserslautern
 - Tentative Liturgical Protestant Confirmation Retreat
 - Speaker - Ruth van Reken
 - Co-author - THIRD CULTURE KIDS
 - Founder – Families in Global Transition

Strengthening Soldiers & Families Through Social Scaffolding

Social Scaffolding

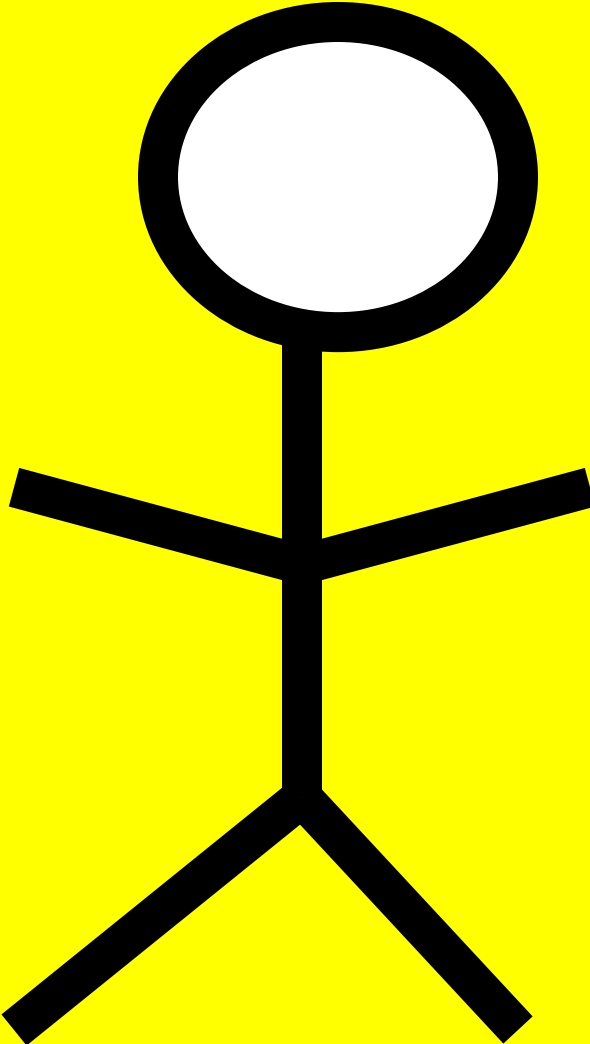
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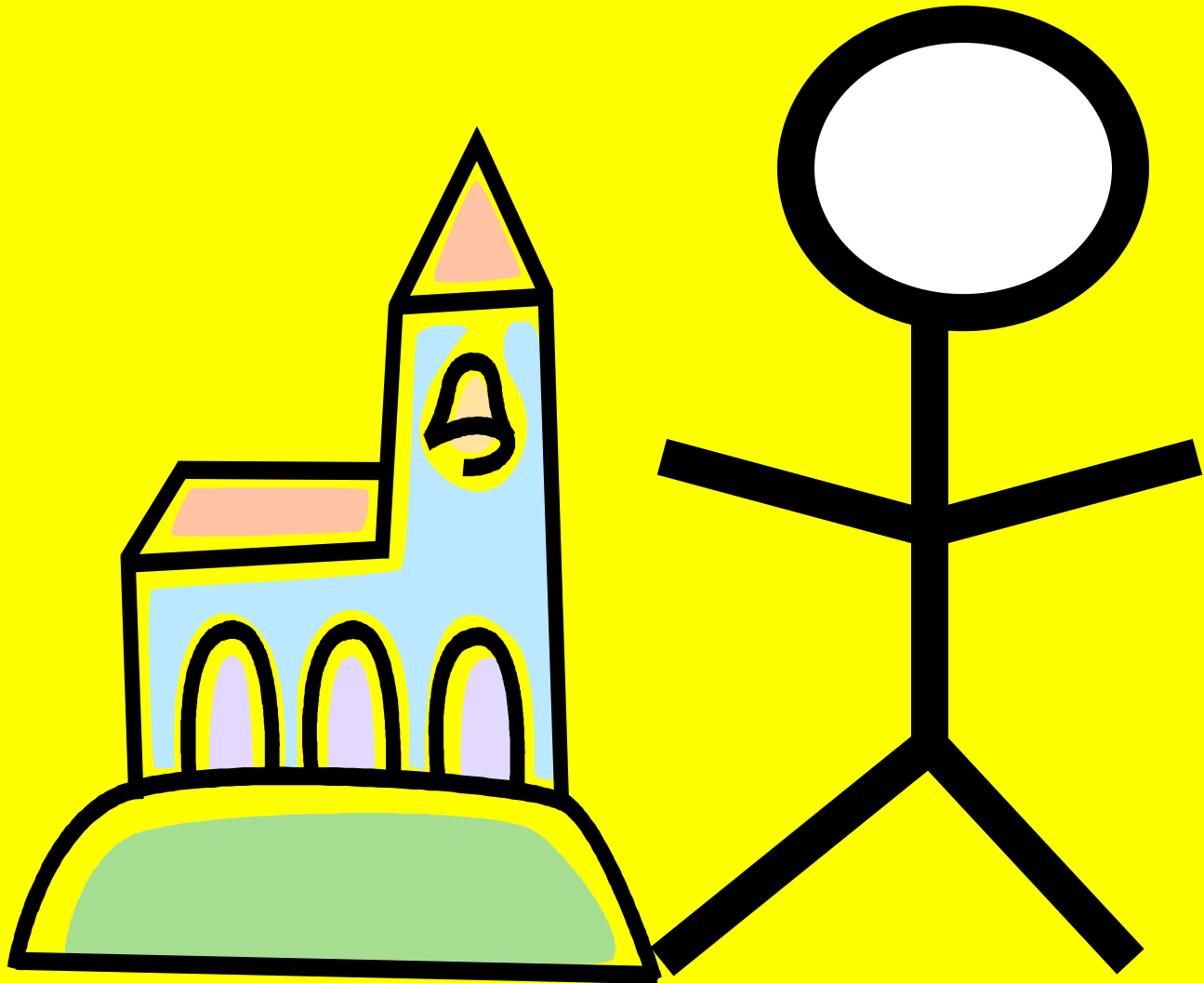
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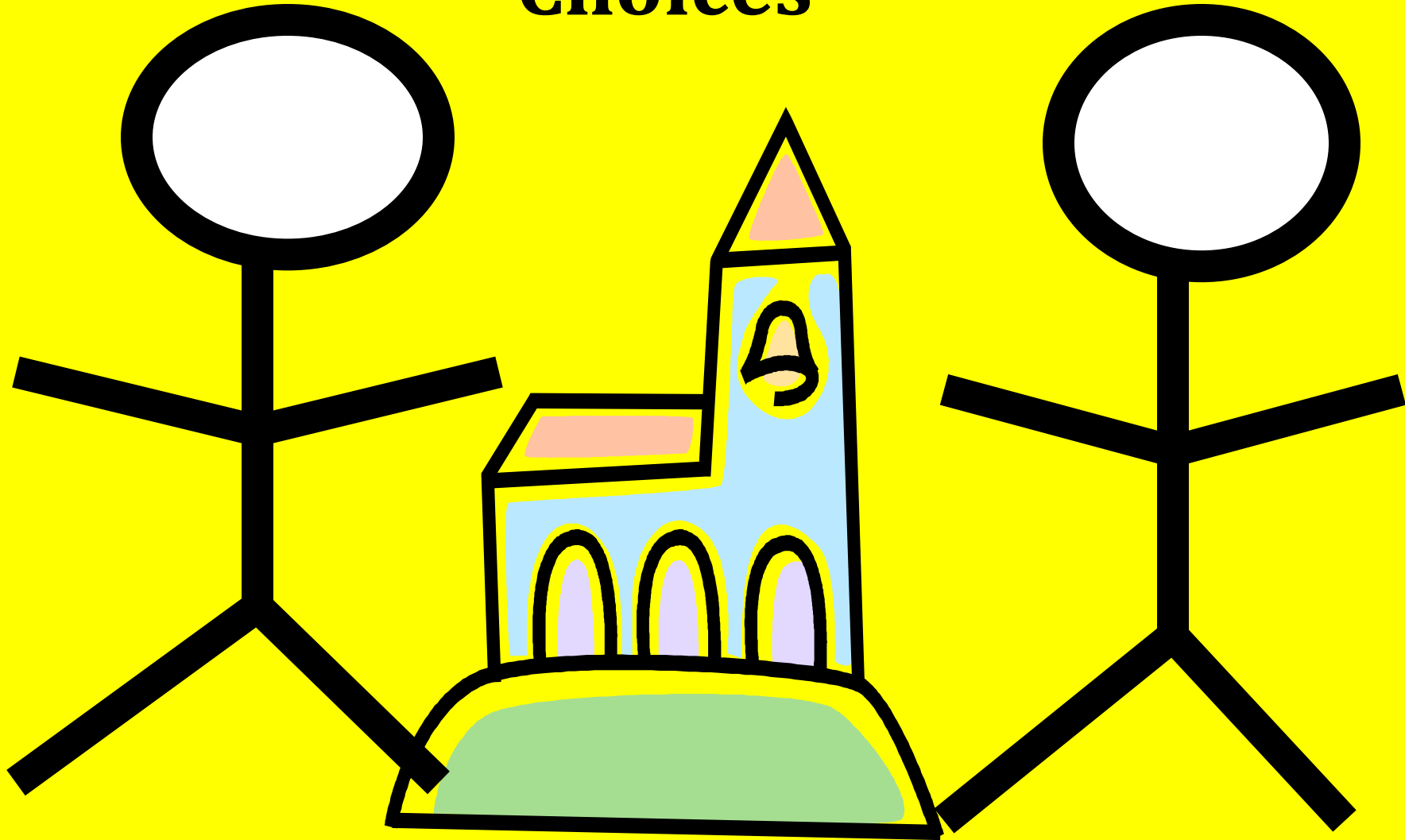
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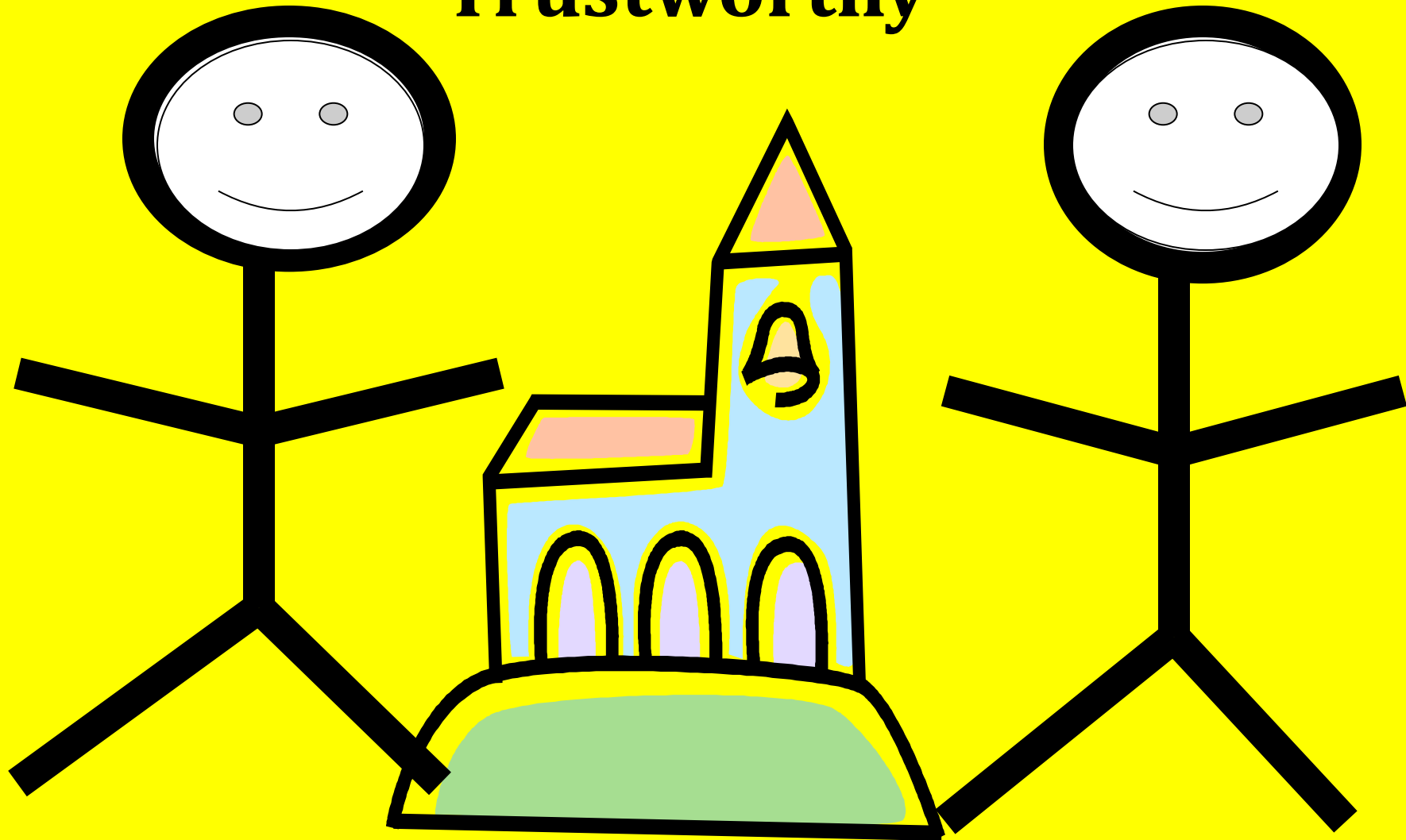




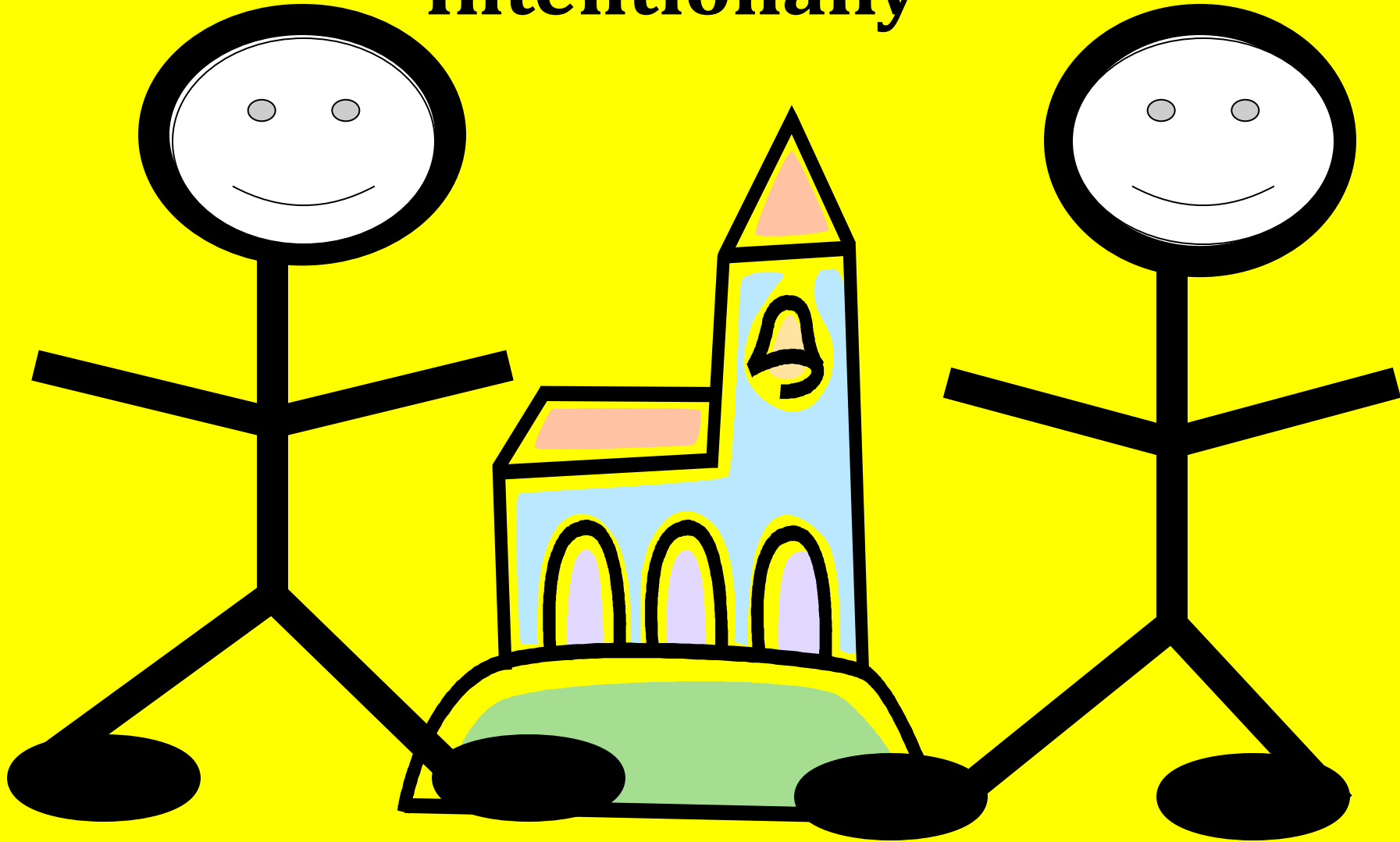
Significant People Influence Choices



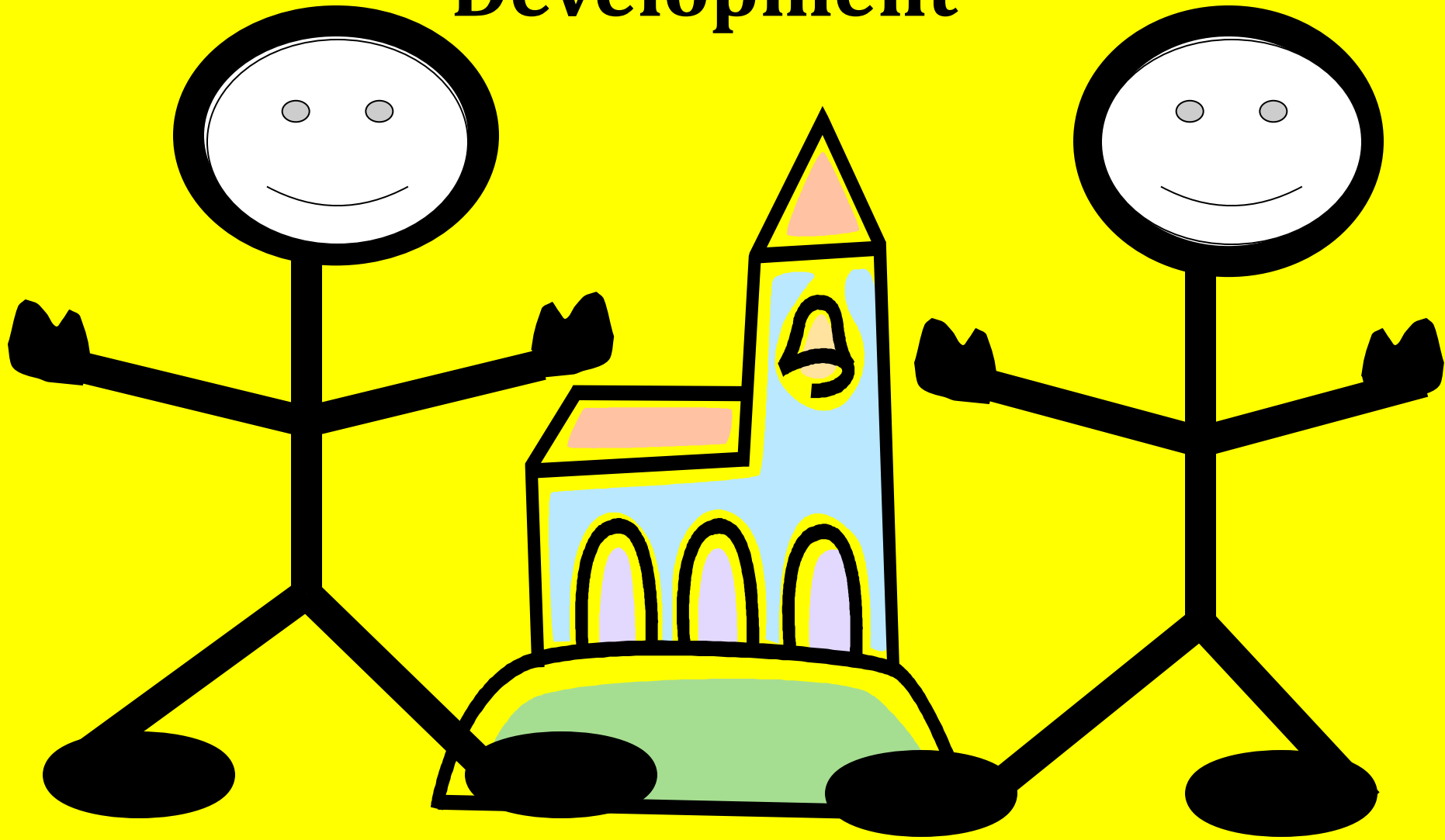
Significant People Appear Trustworthy

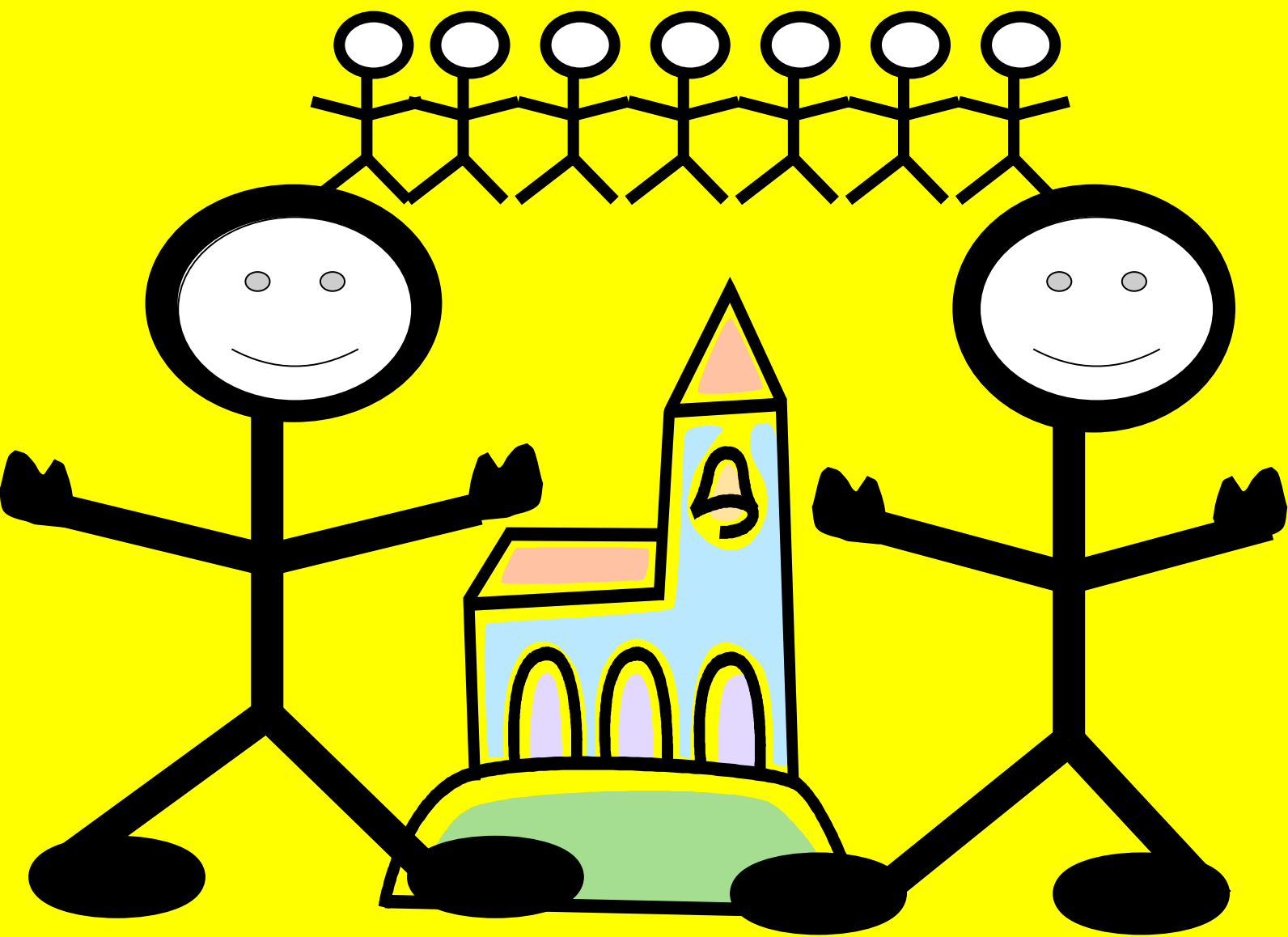


Trusted People Relate Intentionally



Trusted People Continue Self-Development





Multilayered Relationships Are VERY Significant

Positive Influence on Soldier & Family Community Participation, Contentment & Transitions

- **1 – Events**
 - *Significant People Can Influence Choices*
- **2 – Ways of Thinking**
 - *Significant People Appear Trustworthy*
- **3 – Setting**
 - *Trusted People Relate Intentionally*
- **4 – Activity**
 - *Trusted People Continue Self-Development*
- **5 – Situation**
 - *Multilayered Relationships are VERY Significant*

How can you support each other?

- **1 - Events -** _____
— _____
- **2 - Ways of Thinking -** _____
— _____
- **3 - Setting -** _____
— _____
- **4 - Activity -** _____
— _____
- **5 - Situation -** _____
— _____

Questions?

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