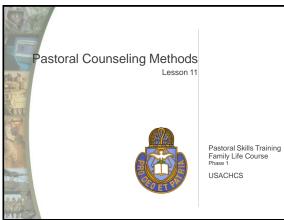
Pastoral Skills Training – Family Life Lesson 11: Pastoral Counseling Methods Student Guide

Lesson Objectives	
• Describe the model of pastoral care and counseling.	
Session 1: Presentation Webinar	
Student Readings	
Models of Pastoral Counseling and Theology	11-models-of-pastoral-counseling-theology.pdf
Case Study	11-case-study.pdf
Session 2: Discussion Webinar	
A discussion of assigned case study	









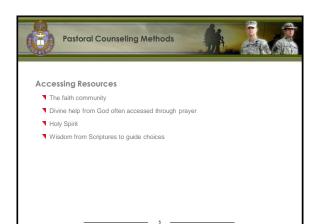
3 -

Pastoral counseling



4

- Making decisions when stuck
- Waking decisions when sluck
- Reconciling people in conflict (marriage counseling)

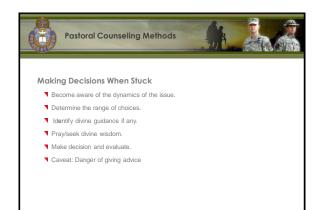




6 -

Guilt - confession and absolution





8



9

Reconciling People in Conflict

- Providing a context for real listening
- Identifying strengths, common goals and themes
- \blacksquare Invoking the presence/spirit of the divine
- Negotiating compromises
- Promoting forgiveness and grace



Discussion Questions

▼ What unique resources does the pastor bring to the counseling/care experience?

10 -

- How is our role unique?
- What special practices do we use?
- How are our values unique compared to secular counselors?
- What other techniques would you add?

